

## ABSTRACT OF THE DISCLOSURE

An audio recording medium, methods for recording data on and reproducing data from the audio recording medium, and recording and reproducing apparatuses therefor. In the audio recording medium, audio data are recorded in a plurality of tracks in predetermined write units, and identification data for indicating the start position of each of the tracks, such as mute data, are recorded in write units segregated from the predetermined write units of the audio data. Thus, if a mute period is unnecessary, the mute data can be easily removed.

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